



## WAVE MAKER

April, 1982

### SHORT COURSE NATIONALS INFORMATION---SAVE THIS SHEET!!

Travel: The cheapest fare from Washington is the Hopscotch fare on Piedmont, \$158 round trip. Make reservations right now.

Car Rental: Avis offers a special deal--\$16.95 per day for a Chevette or equal, higher rates for bigger cars. To reserve, call AVIS at 800-331-1212. Show your Masters card at Houston Airport to get the reduced rate. Rates begin Thurs. and end Mon. evening.

Rooms: DCM reservations are at the Woodlands Inn, 2301 North Millbend, Woodlands, TX 77380, (713)367-1100. Directions from the airport: Take I-45 North to Robinson Road/Woodlands exit. This is about 18 miles. Exit there and follow exit road to STOP sign. Turn LEFT and go over I-45. You are now on Woodlands Parkway. Go to first LIGHT. Turn LEFT onto Grogan's Mill. Follow to North Millbend. Turn RIGHT onto North Millbend to Inn. Our rooms are together in the section called Guest House. We've been told that Woodlands is a high class version of Reston--lots of trees and relatively few houses. The Inn is supposed to be a Texas version of the Xerox Training Center that caters primarily to conventions and business meetings. Our reservations start Thurs. If you're getting in earlier, deal directly with the Inn yourself.

Food: Other than eating at the Inn (and we don't know the prices), you will have to drive to Conroe (9 miles north) or south to Tomball, Westfield, etc. You therefore may want to carpool a car rental.

Breakfast--meet management expects about 500 of the 1000 or so swimmers to stay at the Inn. Naturally breakfast will be a mob scene. (Remember Ft. Laud. in '77 or so?) Many of us buy milk, juice, cereal, etc. and eat in the room. Dinners usually are eaten at local places but our source says there are none in Woodlands--you have to drive. See above.

Weather: Houston is usually hot and humid in May. Bring a hat to keep the sun off your head. Our rooms are a 5 min. walk to the pool. Bring suntan lotion.

Relays: We are entering numerous relays. One goal is to maximize our chances of winning and thus scoring points. The other goal is to swim as many relays as possible. We'll meet at McAfee's in mid April to seed relays. Please help. After we're at Houston, please be considerate of your fellow swimmers and get together with your relay team before the event so you know what Heat and Lane you're in, etc. We've had instances of people leaving the pool area after their last event, thus hurting three of their friends. We'll circulate the draft version of the relays so you get a chance to see what the group decided. The names don't have to be submitted until the event is swum; if you and your fellow swimmers want to change things, fine, but remember that a swimmer can only swim one relay of each type, so moving people around can cause problems with other relays. Be careful not to foul things up, especially with the mixed

sex relays where we've got people swimming all over the place to take advantage of our strengths. However, the list was (or will be) done in mid-April before big meets like Harvard and Bridgewater. Better times deserve to be accomodated.

Note the new order of events this year. On the first day, the Medley Relay is before the 500 free. Thus you don't have to wait around for 3 hours for the relay. This means the Medley Relays could swim about 2PM! Sue Schaffer does a superb Time-Line of the meet and can tell you within minutes when you can expect to swim. Check with her at the meet. The meet rules also provide that only one person can pick up the relay cards from the Clerk. Art Smith has been volunteered to do this. He will pass out the cards to one person on each relay. That member will be responsible for entering the names of the swimmers on the back of the card (required by rule) Party: Certainly. Sunday Night. Ice down some beer in your room's wastebasket and bring it to the party room (place to be announced). If you're swimming the 1650 on Monday..... If you're underage for buying beer..... Questions about travel arrangements? Contact Art Smith at 633-4397 days, 759-2211 evenings before 9 PM.

HAWAIIAN RELAYS - Tuckahoe Pool - Sunday, April 18 - 8 AM

The last issue of WAVE MAKER announced this annual postal relay meet and listed team captains and their telephone numbers for each age group. DC Masters who wish to participate should phone their respective captains and indicate which events they wish to swim. The 1982 Team Directory (attached) will assist team captains to identify swimmers in their respective age groups. Each name has an age-group letter (e.g. A-25-29, etc.). The events are as follows:

- |                            |                                |
|----------------------------|--------------------------------|
| 1) 4 x 50 yd. butterfly    | 5) 4 x 200 freestyle           |
| 2) 4 x 50 yd. backstroke   | 6) 4 x 100 IM                  |
| 3) 4 x 50 yd. breaststroke | 7) 500 freestyle (one leg each |
| 4) 4 x 50 yd. freestyle    | of 50, 100, 150 & 200)         |

There is no limit to the number of events an individual may swim -- other than the individual's endurance. Clubs may enter A, B & C teams in each event. Each member of a 1st place relay will receive a beautiful Hawaiian patch (one per person). Special awards (1st, 2nd, 3rd) will be given to Clubs with the highest point totals (sum of mens and womens scores). Team Captains should make up entry forms for each relay - either in advance or at the meet. 3 x 5 cards:

Men 25+	200 yd. Fly Relay	Time: _____
Sam Splasher	age 26	
Willie Water	28	
Flip Turn	31	
False Start	33	
DC Masters "A"		

SKWIM MASTERS DEVELOPMENT PROGRAM '82

The Fourth Annual Masters Development Clinic will be held at Great Valley, New York August 8-14. Harry Rawstrom, University of Delaware will be head coach. The MDP is an instructional program implemented to meet the specific need of the individual swimmer. The \$225 registration fee includes all in-residence wxpense, lodging, meals, as well as instruction, training and use of facilities. For further information phone Dave McAfee or write John Skehan, SKWIM Swimming '82 Great Valley, N. Y. 14741

OMISSION IN MARCH WAVE MAKER - The name of Gertrude Abraham who placed 6th in the Top-Ten 1500 mtr. was inadvertently omitted from the list. Sorry, Gert!

CHEADLE FAILS DOPING TEST AT LOCAL MEET-NATIONALS ELIGIBILITY IN QUESTION (Reprint from San Antonio Express-Sports 2/23/82)

A serious blow was dealt to the DC Masters Swim Team's chances at the National Master's Swimming Championships in Houston May 21-24 when it was revealed that Dick Cheadle, one of the team's true superstars, failed a doping test at a local meet held in San Antonio Feb. 20-21. Doping tests are not normally administered at local meets in this area, however the tests were administered on this occasion after fellow competitors demanded action when Cheadle, after completing the eighth lap of the 200 fly, made the turn and began a ninth lap. "Uppers, downers, sidewinders, Red Devils, Chicago Blues, you name it, I found it" said Dr. Vincent Vincent (of St. Vincent Hospital), who administered the tests, "there's no way he could have even known his own name." Cheadle's "split" at the end of the first eight laps of the 200 fly was 2:00.0 on a breakdown of :30.0 - :30.0 :30.0 - :30.0. "He was sort of like a finely wound alarm clock", said Vincent. "It goes along at a good clip for a period of time, then finally begins slowing down, and eventually stops. The way these charts read, I'm certain he would have drowned in the middle of his 24th 50." "It's a shame!", said Janice Beaumont of Beaumont, "he had the 1650 in his back pocket. Nobody could have stayed with him for a mile". she continued, "except maybe me. I've stayed with him several times." "This is a very sad case", said Dr. Dorothy Weatherby-Matherby, a psychiatrist who has been working with Cheadle virtually around the clock since the incident, "whenever I try to talk about the possibility of swimming the 200 fly in an unstoned condition, he just breaks down and cries like a baby. The Rehab prognosis is about zero." "It's all a terrible mistake", Cheadle told Express investigative reporter Monroe Villa yesterday when contacted via telephone, "a gigantic mixup. I'm sure I'll be vindicated at the trial. And I will be in Houston, no doubt about that." Interestingly enough, a check of all airline manifests for flights to Houston on May 20 revealed a reservation under the name "D. Petranech", a well known Red Cross disaster expert. Hmmmmmm.

SWIMMING WORKSHOPS - The Skyline Racquet & Health Club, 5115 Leesburg Pike, Falls Church, Va. is offering a series of Swim Clinics Tuesday evenings at 8 PM. Master Swimmers receive a special rate of \$6 per Workshop. Dates are as follows:

April 6 - Breaststroke coordination	April 27 - Basic Cardio vascular training
April 13 - Backstroke	
April 20 - Butterfly	May 4 - Swimming Stretches before and after

Helena Machado is the instructor. To register phone 820-4100 (X11) one week before the workshop (s) you select.

ADDITIONAL UP-COMING SWIM MEET

May 1&2 - Nashville Aquatic Club - Mary Sigler, 1032 Davidson Rd., Nashville, TN 37205

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